

For students
Student Book + Caves WebSource

Flow - 21st Century Strategic Reading (Second Edition)

James Baron and Joe Henley
Caves Publishing
A2~C1

3 Levels Test Bank PPT

- ▶ 一套針對閱讀技巧培養及字彙增進所設計的閱讀教材。全套三冊，每冊 12 個單元，每單元有兩篇文章，每冊共有 24 篇文章，適合大學通識課程、廣泛閱讀課程及高中職閱讀課程。
- ▶ 課程強調廣泛閱讀的重要性，讓學生透過不同的文體和主題，同時增進閱讀廣度並增加字彙能力。文章內容多元包含藝術、科技、體育、歷史、文學、娛樂等。此外，每單元亦安排兩個閱讀技巧的訓練，包含 scanning、skimming 等學生必備之閱讀能力。
- ▶ 每篇文章皆標示三種不同類別單字，包含 Key Words/Words for Recognition /Vocabulary Builder。在 Vocabulary Builder 的學習活動裡，學生將透過字根、字首、易混淆單字或 word family 等概念，來增進字彙量。
- ▶ 每單元最後有 21 世紀關鍵能力的訓練，讓學生能在閱讀文章後，透過小組活動，訓練批判及邏輯思考能力，並學習清晰地表達自我的想法和意見。
- ▶ 為應試技巧做準備，閱讀理解的題目標示出答題的關鍵點；Review Test 的題型皆與多益和英檢相仿，可幫助學生提前熟悉英語檢定。
- ▶ 團訂用戶免費教學資源包含教師手冊、解答、教用 PPT、單元/期中/期末試卷、VOA 影片及影片學習單，詳情請洽各區業務代表。課程完整影音檔可由 Caves WebSource 收聽觀看。

Reading 2
Magazine Article

Europe's Forgotten People

On September 2nd, 2015, a three-year-old boy named Alan Kurdi, along with his parents and five-year-old brother, boarded a small, crowded inflatable boat on the coast of Turkey. Alan and his family had just escaped from their hometown in northern Syria due to the civil war, and they were attempting to reach the Greek island of Kos in search of asylum in Europe. Five minutes after leaving shore, however, the boat capsized. A few hours later, Alan face-down on the beach, cold and lifeless. The tragic scene was captured by a photographer in a few photos.

In just a few days, little Alan's pictures spread around the world, and his story became a worldwide outrage over this acute refugee crisis. In fact, Alan's story is the tip of the iceberg. For years, large numbers of illegal immigrants have been attempting dangerous crossings of the Mediterranean European sea. Thousands have died in their attempts, but many more have reached the Greek islands, Italy, and southern Spain, where they then head to the overland in the hope of finding a better life. Some European citizens have been fearful of immigrants stealing jobs that they feel are meant to bring change to the local culture. Thus, when millions more refugees come streaming out of the Middle East, and mainly from Syria, Afghanistan, and Iraq, this fear is amplified, sometimes resulting in racially motivated attacks on those who appear to be foreign.

Refugees coming ashore

1 **asylum** n. protection given to people who have left their own country, often for political reasons
2 **outrage** n. anger or shock because of something wrong or unfair
3 **acute** adj. very serious or intense
4 **amplify** v. to increase the intensity or strength of something

◀ 閱讀活動藉由不同單字標示，引導字彙學習。



On September 9th, one week after Alan's story was exposed, Jean-Claude Juncker, President of the European Commission, announced a refugee quota plan. Under the quota system, each member state of the European Union (EU) would have to accept a certain number of refugees in order to help overly burdened countries, such as Italy and Greece, where many of the refugees first landed in Europe. In his speech, Juncker said that dealing with the current refugee crisis was "a matter of humanity and human dignity. It is true that Europe cannot handle all the misery in the world. But we have to put it into perspective".

Some countries of the European Union showed sympathy and a willingness to help the refugees. Germany, for example, has an open-door policy to those who fled their own country to seek asylum. In 2015 alone, Germany received over 476,000 asylum applications. Some other members of the EU, however, upheld a less welcoming stance. Hungary and Slovakia, for instance, refused to accept a relocation plan and even tried to challenge the EU's decision in court. The attempt was dismissed by the European Court of Justice in 2017.

What is possibly dividing EU members into two groups regarding the quota plan may be the economy. Some countries are relatively wealthier and financially

1 **commission** n. a group of people given official authority to do something
2 **quota** n. a fixed number of people or things that is officially allowed
3 **perspective** n. a certain way of looking at something
4 **uphold** v. to support, defend, or maintain

21st Century Skill: Creativity

There are many new and exciting jobs nowadays that people might have never thought about doing before. In a group of four to six, tell the other members of the group what your dream job might be. First, write down your dream job in the chart below and some related information about it. You can even create a new job that nobody has ever heard of! Then, share your answers with your partners. Remember, the more unconventional the job is, the more fun it will be!

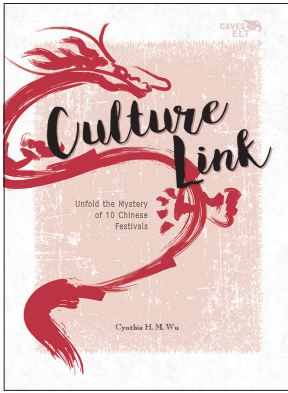
My Dream Job	eSports player
Required Skills	<ul style="list-style-type: none"> • Exceptional video gaming skills • Great observation skills
Ideal Personality Traits	<ul style="list-style-type: none"> • Passionate • Competitive • Having quick reactions
Advantages	<ul style="list-style-type: none"> • High salary • Exciting and fun
Disadvantages	<ul style="list-style-type: none"> • Very hard to become professional • Harmful to the eyes
Other(s)	

Did You Know?

For some people, finding their dream job can take a long, long time. Take Harland Sanders, for example. When he was young, he had worked on a steam engine, sold insurance and tires, made lighting systems, and operated a ferry. Finally, at age 40, he acquired a service station and began serving fried chicken using his secret blend of 11 herbs and spices in 1930. Over time, his chicken became quite popular, and at age 62, Sanders made a deal with a restaurateur to franchise his "Kentucky Fried Chicken." The rest, as they say, is history.

Unit 12 185

▶ 課程結束前藉由 21 世紀關鍵能力活動，整合並活用單元學習目標語言。



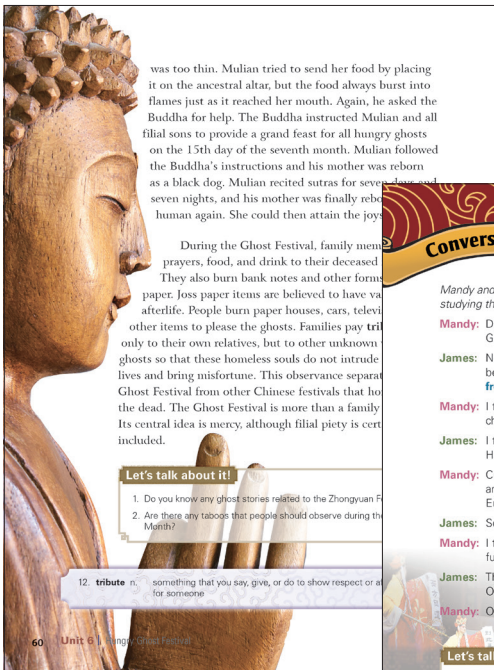
For students
Student Book + Caves WebSource

Culture Link

Cynthia H. M. Wu
Caves Publishing
A2~B1

PPT

- ▶ 全書共十個單元，包含華人最重視的十大重要節慶活動。生動描述關於該節慶的由來及故事，部分課次提供不同版本的起源，讀者可藉由故事了解每個節慶的由來，同時思考節慶背後的意義，並學會用英語介紹中華節慶文化。
- ▶ Reading 及 Conversation 正下方皆提供重點單字及其英文解釋，幫助學生了解閱讀內容，並從上下文學習單字用法。閱讀文章後，透過閱讀理解、字彙練習及會話活動，有效掌握閱讀重點並表達自我觀點。
- ▶ 每單元皆附一則與主題相關的「Did you know?」，拓展學生背景知識。書後詳列單字及例句補充，並提供專有名詞中英對照表。
- ▶ 全書閱讀及對話音檔可於 Caves WebSource 聆聽。
- ▶ 團訂客戶免費教學資源包含教用 PPT、學習單、單字表及課本解答，詳情請洽各區業務代表。



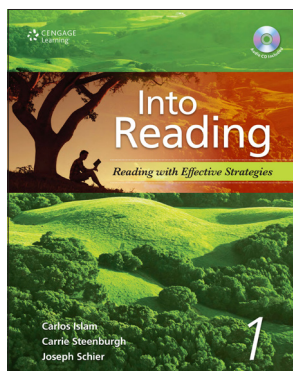
▶ Let's talk about it! : Reading 及 Conversation 皆附有延伸討論題，鼓勵學生表達自我意見，同時深入思考各節慶意義。



▶ Conversation : 模擬真實對話情境，部分課次會從西方人角度解讀節慶，讓對話者在進行文化討論時，更顯趣味。



▶ Did you know? : 介紹節慶相關延伸的文化內容，豐富學生對自身文化的理解。



For students
Student Book + CD

Into Reading

Carlos Islam, Carrie Steenburgh & Joseph Schier
Cengage Learning
A2~B2

3 Levels Test Bank PPT

- ▶ 一套同時涵蓋閱讀策略及閱讀技巧訓練的英文閱讀教材，提升學生閱讀流暢度。
- ▶ 全套共三冊，每冊 12 個單元，每單元皆含兩篇文章，每三個單元一個複習單元。
- ▶ 文章取材自網路文章、短篇故事、雜誌報導、原創文章，主題多元有趣且生活化，讓學生感受到英語閱讀也可以是活潑有趣的課程。
- ▶ 核心閱讀技巧著重搭配詞 (collocations) 及動詞片語 (phrasal verbs) 應用，讓學生從逐字閱讀進階到「word groupings」的程度，培養學生更有效率的閱讀能力。
- ▶ 課程針對核心閱讀技巧提供簡明解說並能立即實際演練，讓學生活用所學、即學即用。核心的閱讀策略如：略讀、掃讀、推論、擷取大意等，另收錄個人化的閱讀策略，如：建立關聯、提出判斷、視覺化等，有效提升閱讀理解程度。
- ▶ 書後附詳細字彙、字組表，供學習者參考。
- ▶ 另有課本解答、教師手冊、教用 PPT、可編輯的考題及解答提供團訂用戶使用。

Reading Strategy

Scanning

Sometimes it is a good idea to scan a text before reading it carefully. When you scan, you look over the text very quickly without stopping or trying to understand the text. Instead, you are just looking for the information you need.

When you scan a text, you look for names, places, numbers, dates, and times, as well as other key information.

Scanning helps you find information quickly without reading the entire text. Scanning helps you make a hypothesis about the text.

Strategy in Focus

Take a minute to scan the following advertisement. Then, answer the following questions.

1. What is the name of the person who wrote the advertisement?
2. How old is she?
3. In what country does she go to college?
4. What does she do during the winter?
5. Name one music performer that she likes.

Looking for Some New Friends

Looking for e-pals (e-mail pen pals)

My name is Nora, and I want to make friends with people in other countries and learn about their cultures. I am 18 years old, and I go to college in Quebec, Canada. I like to snowboard in the winter and hike in the Rocky Mountains during the summer. I enjoy listening to all types of music, but at the moment I like Beyoncé, Christina Aguilera, and Kanye West. I am very interested in Asia, and I would like to make friends with students in Japan, Korea, or Taiwan. Please e-mail me if you would like a Canadian e-pal!



Man's Best Friend

Reading 1 Test Bank

Before Reading

1. Decide how to scan a text. Choose the statements you think are correct.
 - a. Only look for the information you need.
 - b. Look for people's names and place names.
 - c. Read the first and last sentence of each paragraph.
 - d. Read the text slowly and carefully.
 - e. Look for dates and numbers.
 - f. Look for key words.
2. Look at the photo accompanying the text. What do you think "Man's Best Friend" refers to? Choose one answer.
 - a. Technology
 - b. A wife / a girlfriend
 - c. A dog
 - d. A sport
3. Scan the text. Write True (T) or False (F) next to each statement below.
 - a. _____ Celebrities don't spend much money on their pets.
 - b. _____ Paris Hilton had a dog named Daisy.
 - c. _____ Las Ventanas al Paraiso is a hotel.
 - d. _____ Alicia Silverstone is a pet activist.

1 Many people think that it is easy for celebrities to make friends. If that is so, then why are so many famous American stars spending so much time and money on their dogs? Is the saying "Dogs are a man's best friend" true?

2 More and more famous people are now seen with their four-legged friends. Jessica Simpson used to carry her dog, Daisy, around in a designer Louis Vuitton carrier. Paris Hilton dressed her Chihuahua, Tinkerbell, in different designer clothes. According to some magazines, Britney Spears spent \$180 on a steak for her small Chihuahua. Even Oprah Winfrey did not like traveling without her dogs and could get upset if a hotel refused her dogs a room!

3 When Hollywood stars travel without their dogs, they can leave their "friends" in luxury hotels for dogs. One popular place advertises playgrounds and a pool for their dog guests. If celebrities are traveling from the USA to Los Cabos, Mexico, they can take their pet with them to the Las Ventanas al Paraiso hotel. Dogs and cats can get a massage at the pet spa before eating a special dinner. Rooms can cost up to \$6,000 a night, though.

4 What explains celebrities' close relationships with their pets? As pet lover and animal activist Alicia Silverstone explained it, "Humans are greedy and selfish, and spend a lot of time taking and not giving. Animals aren't like that!"



Unit 3 Friendship 29

▲ 透過不同的閱讀活動，學生得以精熟該單元所傳授的閱讀策略及技巧。

▶ 透過讀前及讀後活動，讓學生有系統地精進閱讀能力。



4 Levels Test Bank PPT

For students

Student Book

For teachers

Teacher's Guide*

Audio CD**

* 每二個級數一本。

** L4 為兩片。

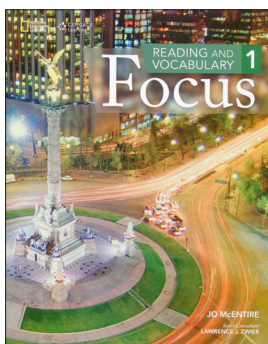
©Assessment CD-ROM with ExamView (兩級數一片) 與教用 PPT (全一片) 可供團訂用戶參考使用。

Weaving It Together (Fourth Edition)

Milada Broukal
A2~C1

Cengage Learning

- ▶ 完美連結閱讀技巧訓練與引導式寫作的語言教材，同時融入討論及批判思考能力訓練，從大量的聽力和閱讀轉換成寫作和口說能力。
- ▶ 每單元皆始於「What Do You Think?」活動，引導學生思考單元的主题及議題，提供背景知識，讓閱讀過程更有動力。
- ▶ 寫作練習結合文法與寫作規則，衍生的各式循環練習幫助快速掌握寫作技巧以及句子、段落寫作的要領。一、二冊強調句子以及段落寫作，三、四冊則著重在論說短文寫作。
- ▶ 「Weaving It Together」單元結合 Timed Writing (計時寫作) 及 Search the Internet 活動，幫助學生擴展單元主题的背景知識，驗收學生的讀寫能力及研究技巧。
- ▶ 精選 National Geographic Explorers 擷取的主题文章，將世界帶入課堂，擴大學習者的眼界，題材新穎有趣，具流行性的主题可引起閱讀興趣，藉此更可激發寫作的創意及靈感。
- ▶ 新穎的排版設計將國家地理頻道美不勝收的照片穿插在每篇的閱讀文章，壯麗的跨頁相片成為主視覺，幫助學生反思文章主题。系統化的單元結構，讓教師教學更省力。
- ▶ 「Readings from Literature」單元取材自經典文學及名著，多元文章題材，發展不同寫作風格。



4 Levels Test Bank PPT

For students

Student Book



Student Resources

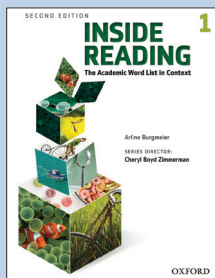
Reading and Vocabulary Focus

Jo McEntire et al.
A2~C1

Cengage Learning

閱讀及字彙教材中的極品。趣味性高卻又引人思量的文章，由世界一流記者和探險家撰寫，以適合各程度學生的語言呈現，幫助學生培養閱讀及字彙能力。

- ▶ 培養學生必要的閱讀技巧，包含如何閱讀地圖、表格、圖示等，使學習者理解文章所傳達的內容，進而養成資訊整合的能力，並助其累積必要字彙，為理解學術性文章做準備。
- ▶ 全套共四冊，每冊九個主题單元，每單元有兩篇閱讀文章。內容全部取材充滿趣味的《國家地理》文章，激發學習者對世界的好奇心。震撼視覺的相片，激發學習者的學習動機。
- ▶ 透過三類型字彙養成課程，有效加強學術性字彙訓練，建立學生的閱讀信心。
 - 學術字彙：學習學術性文章常用字彙。每篇文章有 6~8 個學術字彙。
 - 詞組字彙：學習複合名詞、片語、搭配詞等詞組字彙，使學習者了解不同文本中的用法，以正確理解文意。每篇文章有 6~8 個詞組字彙。
 - 主题字彙：在閱讀文章前先認識該主题所使用的字彙，引導學生進入文章內容。每篇文章有 10~12 個字彙。
- ▶ 學生資源網站提供線上版詞彙閃卡 (含互動功能)、英英詞彙表等；另有課本解答、教師手冊、考題資源、教用 PPT 及課程音檔等，可供團訂用戶參考使用。



5 Levels Test Bank PPT

Inside Reading (Second Edition)

Cheryl Boyd Zimmerman et al.

Oxford University Press

A1~C1

- ▶ 一套高階學術字彙及閱讀技巧所設計的閱讀教材。全套共五冊，每冊十個單元，每單元有兩篇文章。
- ▶ 課程強調學術課堂上常用的閱讀策略，例如：略讀、掃讀、推論、註解、標記重點及讀懂圖表等。螺旋式的教學設計搭配 Review a Skill 活動練習，幫助學生有效複習之前所學過的閱讀技巧。
- ▶ 文章重點字彙皆選取自 Averil Coxhead 教授所精心整理的 570 個常用學術領域字彙。
- ▶ Student Website 可下載更多學習資源，包括：Reading Skills 學習單、與主題相關影片、課文聽力檔。
- ▶ 另有教學資源光碟（含解答、教用 PPT 等）提供團訂用戶參考使用。

For students

Student Book



Student Website

Build & Grow 全方位閱讀系列

The Basic Way (2/e) Read to Reach The Best Way (2/e)

Build & Grow
A2~B2

3 Levels

本系列教材扎實培養學生閱讀習慣及理解力。每一套有三冊，每冊 20 篇文章。主題編排接近美國學校教材，書中選用文章涵蓋 fiction 和 non-fiction 兩種。讀後分別有四到五題的文意和字彙練習題。

- ✧ *The Basic Way* 著重基本閱讀技巧的訓練，文章字數約 150~240 字。
- ✧ *Read to Reach* 訓練批判性思考能力，並有讀後分析及寫大意的活動，文章字數約 140~220 字。
- ✧ *The Best Way* 培養廣泛閱讀知識性的養成，文章字數約 230~340 字。
- ✧ 教師資源如教學手冊、解答等提供團訂用戶參考使用。



The Basic Way (2/e)

A2

For students

Student Book + Workbook + MP3 Download
QR Code



Read to Reach

A2

For students

Student Book + MP3 Download QR Code
Workbook



The Best Way (2/e)

B1~B2

For students

Student Book + Workbook + MP3 Download
QR Code

Reading Source

Reading Peak

Read Up

Build & Grow

3 Levels

一系列專為學過三年以上的英語學習者所規劃的全彩閱讀教材。透過廣泛的知識性文章，如自然科學、藝術娛樂、文化、運動競賽、環保等拓展學習者的視野廣度和深度，同時也奠定其閱讀高階學術性文章的能力。文章內容以學科 (content area) 為主軸，包含社會、地理、科學、數學、經濟和歷史等。讀後皆有閱讀測驗和單字練習題。

- ▶ 此系列教授的閱讀技巧涵蓋了 main idea、classifying、sequencing、compare and contrast、cause and effect 等。
- ▶ *Read Up*、*Reading Source* 兩套書籍最後皆有 Summary 練習，先引導學生如何寫出大綱，接著再用自己的話寫出文章大意。
- ▶ 另有課本及作業本解答提供團訂用戶參考使用。

Reading Source

For students

Student Book +
Workbook + MP3
Download QR Code

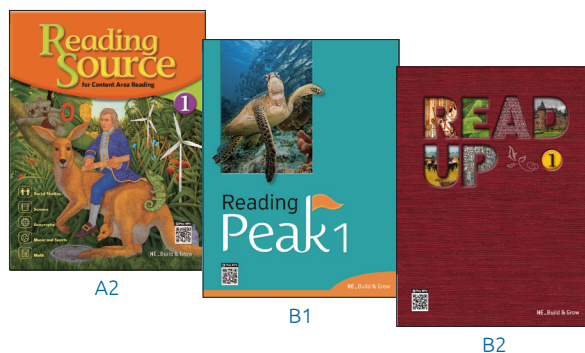
Reading Peak

For students

Student Book +
Workbook + MP3
Download QR Code

Read Up

For students

Student Book + MP3
Download QR Code

全系列共分成以下三套：

- ◆ *Reading Source*：全套共三冊，每冊分五大學科主題，例如：科學、音樂、數學、地理等，每個主題下有四篇文章，一冊共 20 篇文章。文體涵蓋 non-fiction 和 fiction 兩種。文章字數約 140~200 字。
- ◆ *Reading Peak*：全套共三冊，每冊 16 個單元。文章主題包括科技、太空、社會議題、健康、節能、環保等。文體皆為 non-fiction。文章字數約 190~270 字。本教材另教授單字記憶技巧，包括字根、字首、字尾的概念。
- ◆ *Read Up*：全套共三冊，每冊 20 個單元。主題包括：「漢摩拉比法典」、「文藝復興時代」、「黃曆和日蝕」、「經濟大蕭條」等。文章字數約 350~500 字。書後附 (Write & Speak) 輔助練習，每單元一頁，可做口說延伸討論，及寫一段簡短的主題申論。

Subject Link

Build & Grow

A2~B2



12 Levels

Subject Link Starter

For students

Student Book + Workbook +
MP3 Download QR Code

Subject Link

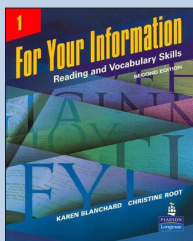
For students

Student Book + Workbook +
MP3 Download QR Code

- ▶ 主題式跨學科統整閱讀課程，以四大學科串聯單元主題，擴展學習者不同學科領域語言使用的廣度深度；知識性內容的傳授，有效培養學生未來學術學習成就。
- ▶ 全套共 12 冊 (每三冊可視為單獨一套閱讀系列)。Starter 1~3 冊，字數約 90~135 字；L1~L3 字數約 140~210 字；L4~L6 字數約 200~290 字；L7~L9 約 270~360 字。

獨特課程編排方法

- 1 先以 Big Idea 跨頁大圖帶出單元主題，引發興趣。
- 2 再以 Contents Map 將與該主題相關的四大學科 (主題涵蓋：科學、社會、歷史、音樂和美術) 用圖表方式呈現。
- 3 每學科再分成四階段訓練：① Warm Up & Key Words 教授主要單字 ② 進入 Reading 並連結學生生活 ③ Reading Comprehension 讀後訓練，並以圖表歸納整理重點 ④ Summary 大意摘要。
- 4 單元結束可運用 Wrap-up 表格整合所學。



4 Levels DVD

For Your Information (Second Edition)

Karen Blanchard and Christine Root Pearson Education

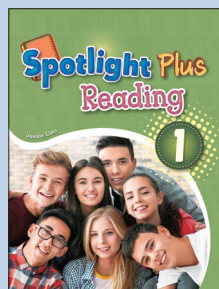
A1~B2

- ▶ 主題式文章編排，給予學生大量閱讀文章及字彙練習，有效幫助學習者精進閱讀技巧。
- ▶ 每冊八個單元，各有三篇文章。文章兼顧趣味與知識，含括人文、社會、藝術、科學、商業等題材，取材自報章雜誌、人物專訪、廣告等。
- ▶ 單元後附「Vocabulary Self-Test」，學生可做字彙測驗。書末附解答、單字解釋索引、世界地圖及作文紙。
- ▶ 每章皆有「Skill For Success」學習小方塊，強調並說明閱讀技巧與字彙觀念，如：Scanning、Skimming、判斷主旨、分辨事實與意見、同/反義字等。
- ▶ 「ABC 新聞」DVD，每兩個級數一片，可做閱讀和聽力的延伸練習。
- ▶ 另有課本解答、教師手冊及考題，提供團訂用戶參考使用。

For students
Student Book

For teachers
Class CDs (2)*
DVD + Guide**

*L4 為三片。
**每兩個級數一片。



2 Levels Test Bank PPT

Spotlight Plus 符合英檢新題型

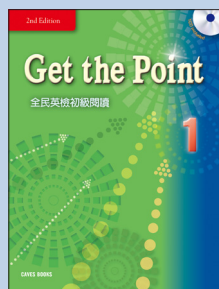
Jessie Liao

Caves Publishing

B1

- ▶ 一套涵蓋國高中重要文法、單字及閱讀技巧的閱讀養成先修教材，文章選材創新，結合生動對話與日常情境，並搭配線上Functionivity延伸活動學習單，課堂課外皆適用。
- ▶ 共兩冊，每冊各有12課加4個Review，每課皆有一篇主文及一篇延伸文章，培養學生閱讀各類英文文體及表格的能力。
- ▶ 以故事型文章介紹旅遊、音樂、科技、健康等日常生活主題，激發學生閱讀興趣。
- ▶ 每課皆有閱讀技巧、單字、文法單元及相關練習題，學完各單元內容即可立即練習。

For students
Student Book + Caves
WebSource



2 Levels Test Bank PPT

Get the Point 全民英檢閱讀 (Second Edition)

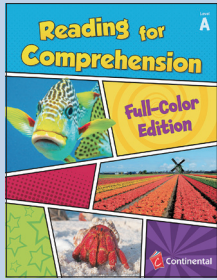
Caves Publishing

A2~B1

- ▶ 全套分初級及中級，每級兩冊。初級每冊 20 個單元，每單元四頁；中級每冊 16 個單元，每單元六頁。
- ▶ 每單元皆以一篇文章導入閱讀課程，接續分別為字彙、閱讀理解、閱讀技巧、閱讀技巧練習。表格及系統化的文法句構整理，讓學生輕鬆記憶重點語法。文長適中，用字難易度符合全民英檢程度。
- ▶ 額外的「Learn More」單元，彙整相關延伸學習，包括：易混淆字彙、延伸字彙、易錯文法比較等，幫助學生釐清觀念。
- ▶ 教師資源手冊提供模擬試題四回、課本解答及教用PPT，供團訂用戶參考使用。

For students
Student Book + Caves
WebSource

For teachers
教師資源手冊



11 Levels

Reading for Comprehension (Full-Color/ Ed.)

Dr. Thomas G. Gunning
A1~B2

Continental Press

- ▶ 彩色版全新上市！全彩設計、主題鮮明，搭配三成文章更新，可提高學習樂趣並體驗深度閱讀。
- ▶ 閱讀測驗題型重新編排順序，每課段落皆搭配六題測驗題，第一到五題為選擇測驗題型，第六題為開放式問答。
- ▶ 選擇測驗題訓練的閱讀技巧包含：字彙、運用上下文線索、找出主旨、文章細節、情節排序、理解因果關係、做出推論並得到結論。
- ▶ 全系列共 11 冊，Levels 1~3 及 Levels A~H。Levels A~H 每冊包含 46 篇生動有趣的 non-fiction 文章，著重學生的閱讀理解力及批判性思考能力。
- ▶ 此系列適合自學及開課使用。文章段落的敘述風格可滿足學習者在所有特定級數的不同需求。
- ▶ 教師手冊內附檢核表、各項閱讀技巧說明、解答、評量計分指標說明、各式學習輔助圖表。

For students
Student Book

For teachers

Teacher's Guide
Audio CDs* (師生共用)

*Levels E~H 為兩片。



More Info

LESSON 24


What causes people to yawn?

1 The alarm clock goes off. You sit up in bed, stretch your arms over your head, and yawn. Do you yawn because you are tired, or is there another reason? Everyone yawns, even unborn babies and many animals, but researchers have not been able to solve the mystery of why we do it.

2 Several theories exist as to why people yawn. Most people associate yawns with being tired or bored, however, this is not necessarily the case. Yawning may just be a way of the body preparing to change its state. For example, you yawn before bed as your body prepares for sleep. Another theory states that yawning adjusts the temperature of your brain. You may yawn when you're bored because your brain temperature is dropping. A yawn brings air into the body and adjusts the temperature of your brain. A third theory is that yawning helps to wake up your body. A yawn stretches your lungs and jaw and helps blood to circulate through your body.

3 Although research has not proven why we yawn, it has shown that yawning is contagious. Watching people around you yawn will inevitably make you yawn. In fact, even reading or thinking about yawning can bring on a yawn. Since it is a completely involuntary reaction, you cannot control a yawn, and you shouldn't try to stop it. Again, researchers have not found the reason yawning is contagious. The most common theory is that we yawn as a way of showing empathy to others. Empathy is the feeling of identifying with and understanding what others are going through. Yawning is even contagious for animals in the dog and primate families, and dogs have been found to catch yawns from watching humans.

4 So, how many times did you yawn while reading this article?



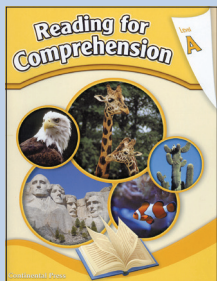
Circle the correct answers. Write your answer to question 6.

- Which paragraph tells about theories of why people yawn?
 - A 1
 - B 2
 - C 3
 - D 4
- You can infer from the article that _____.
 - A researchers will continue to try to find out why people yawn
 - B researchers do not care why people yawn
 - C a bird will yawn when its mate yawns
 - D the only time animals yawn is when they are tired
- Which word in paragraph 3 means "unable to control"?
 - A contagious
 - B primate
 - C empathy
 - D involuntary
- Many researchers believe yawning is contagious because _____.
 - A the body needs to adjust the brain's temperature
 - B people are showing empathy to each other
 - C yawning is an involuntary reaction
 - D yawning helps to wake up the body
- State can have the following meanings. Mark the meaning used in paragraph 2.
 - A an area of land ruled by one government
 - B a wealthy style of living
 - C a condition of the mind or body
 - D to say

6. Think about the three theories on why people yawn. Which do you think makes the most sense? Why?

▲ 詳列每題的閱讀技巧，指引學生習得閱讀策略。

Read for Comprehension (Full-Color/e)
Level E



11 Levels

Reading for Comprehension (Second Edition)

Dr. Thomas G. Gunning
A1~B2

Continental Press

- ▶ 文章內容及測驗題型多元，文章加入「科學」和「社會科學」主題，讓學生的閱讀範疇更廣泛，更能掌握閱讀測驗重點。
- ▶ 全系列共 11 冊，Levels 1~3 及 Levels A~H。Levels 1~3 每冊 12~20 個單元不等，Levels A~H 每冊 46 個單元，每單元兩頁。文體多樣化，例如：故事性、說服性、描述文以及說明文等類型。閱讀測驗題型除一般閱讀理解題外，還有理解文章先後次序和因果關係的考題。
- ▶ 每單元的寫作練習，訓練深入思考文章主題，培養批判性思考能力。
- ▶ 另有教師手冊 (內含課本解答)，供團訂用戶參考使用。

For students
Student Book